# CONTROLLED SUBSTANCE POLICY

Controlled substances are routinely monitored to prioritize client safety and ensure quality patient care. If a client's referral and/or the state Prescription Drug Monitoring Program (PMP Aware) indicate dosages higher than our policies permit, iTrust requires that the client speak with their current provider about titrating for a minimum of 30 days per PMP fill dates. Due to safety risks, iTrust will not be able to move forward with a referral if the client is on a continuous concomitant benzodiazepine and opioid regimen.

## Controlled Medication Maximum Dosage Guide

| BENZODIAZEPINES | |
|---|---|
| ALPRAZOLAM / XANAX | 3 MG |
| CLONAZEPAM / KLONOPIN | 3 MG |
| LORAZEPAM / ATIVAN | 3 MG |
| DIAZEPAM / VALIUM | 20 MG |
| TEMAZEPAM / RESTORIL | 30 MG |

| OTHER MEDICATIONS | |
|---|---|
| GABAPENTIN | 3200 MG |
| PREGABALIN / LYRICA | 600 MG |
| ZOLPIDEM / AMBIEN | 10 MG IR / 12.5 MG CR |
| ESZOPICLONE / LUNESTA | 3 MG |
| BUPRENORPHINE-NALOXONE / SUBOXONE | 24 MG |

| STIMULANTS | |
|---|---|
| AMPHETAMINE-DEXTROAMPHETAMINE / ADDERALL | 60 MG IR / 60 MG ER |
| METHYLPHENIDATE / RITALIN | 60 MG |
| METHYLPHENIDATE / CONCERTA | 72 MG |
| LISDEXAMFETAMINE / VYVANSE | 70 MG |
| ADZENYS | 18.8 MG BID |
| JORNAY | 100 MG |
| MYDAYIS | 50 MG |
| DEXEDRINE / ZENZEDI | 60 MG |
| DAYTRANA (TRANSDERMAL PATCH) | 30 MG |
| AZSTARYS | 52.3 / 10.4 MG |

*iTrust cannot treat the following diagnoses: Concussions or Traumatic Brain Injuries (TBIs), Neurological or Tic Disorders, Learning Disabilities or Developmental Delays, Dissociative Identity Disorder (DID), and Conduct Disorders.*

## TREATMENT ACUITY & COMPLEXITY STATEMENT

iTrust is an outpatient practice and strives to help as many individuals as possible. However, our practice has limitations in regard to treating those who require higher levels of care than we can resonably provide, or who do not fall within our scope of practice. iTrust's referral coordinators are trained in assessing levels of acuity for each client, and can assist if an alternate form of care is needed. At this time, iTrust is unable to assist clients seeking court-ordered psychiatric treatment or long-term disability evaluations.