

# Controlled Medication Maximum Dosage Guide



## A NOTE FOR REFERRING PROVIDERS:

*iTrust maintains a strict Controlled Substance Policy and is unable to provide treatment for those who exceed the policy's maximum doses of certain controlled medications. Please review our policy & dosage guide to ensure your patient is eligible for our services.*

**PATIENTS MAY NOT EXCEED THE INDICATED DAILY DOSES OF THE FOLLOWING PRESCRIPTION MEDICATIONS:**

STIMULANTS	
AMPHETAMINE- DEXTROAMPHETAMINE / ADDERALL	60 MG IR / 60 MG ER
METHYLPHENIDATE / RITALIN	60 MG
METHYLPHENIDATE / CONCERTA	72 MG
LISDEXAMFETAMINE / VYVANSE	70 MG
ADZENYS	18.8 MG BID
JORNAY	100 MG
MYDAYIS	50 MG
DEXEDRINE / ZENZEDI	60 MG
DAYTRANA (TRANSDERMAL PATCH)	30 MG
AZSTARYS	52.3 / 10.4 MG

BENZODIAZEPINES	
ALPRAZOLAM / XANAX	3 MG
CLONAZEPAM / KLONOPIN	3 MG
LORAZEPAM / ATIVAN	3 MG
DIAZEPAM / VALIUM	20 MG
TEMAZEPAM / RESTORIL	30 MG

OTHER MEDICATIONS	
GABAPENTIN	3200 MG
PREGABALIN / LYRICA	600 MG
ZOLPIDEM / AMBIEN	10 MG IR / 12.5 MG CR
ESZOPICLONE / LUNESTA	3 MG
BUPRENORPHINE-NALOXONE / SUBOXONE	24 MG

## CONTROLLED SUBSTANCE POLICY

Controlled substances are routinely monitored to prioritize client safety and ensure quality patient care. If a client's referral and/or the state Prescription Drug Monitoring Program (PMP Aware) indicate dosages higher than our policies permit, iTrust requires that the client speak with their current provider about titrating for a minimum of 30 days per PMP fill dates.

Due to safety risks, iTrust will not be able to move forward with a referral if the client is on a continuous concomitant benzodiazepine and opioid regimen.